The Future of Retirement: Bridging the Gap

The cost of ageing
Three in five (60 per cent) working age people in the USA expect a comfortable retirement but they are in for a shock as only two in five (40 per cent) pay into a retirement account every month. Planning for life after work is crucial and many are not making adequate, or even any financial plans.

The Future of Retirement is a world-leading independent research study into global retirement trends. It provides authoritative insights into key issues associated with ageing populations and increasing life expectancy around the world.

These findings are from the fifteenth edition in the series and represent the views of 17,405 people in 16 countries and territories.

This factsheet represents the views of 1,335 people in the USA.

There are also some practical tips to help people plan for the retirement they want.

USA key findings

1. 47% of working age people typically save for short-term goals rather than longer term plans
2. 40% of working age people are paying into a retirement account each month
3. 3% of working age people are currently saving for future nursing/care home fees
4. 60% of working age people are predicting a comfortable retirement
Planning for the long haul

The road ahead
The reality of the here and now often takes precedence over preparing for life after work. One in three people (32 per cent) agree it’s better to spend money on enjoying life now than saving for retirement. And just under half (47 per cent) of working age people typically save for short-term goals rather than longer term plans.

With just under half (46 per cent) saying they live on a day-to-day basis financially, this approach could be storing up problems for later.

Many need to act now to secure a happy future retirement. Just under half (46 per cent) of working age people have a financial plan in mind and two-fifths (44 per cent) have sought financial advice to help plan for retirement. In addition, a similar proportion (40 per cent) of working age people are currently saving for their retirement.

Peter Pan pension planning
Could a hesitation to see themselves as old lie behind a reluctance to plan? Three-fifths of working age people (60 per cent) don’t see themselves as ‘old’, and just under half (48 per cent) feel younger than their actual age. What’s clear is that many people, whether young or old, are not adequately anticipating the financial requirements of later life. Only a fifth (21 per cent) of working age people anticipate no difficulty independently managing their finances throughout retirement.

Talking care
Financial planning for potential care costs is not top of mind for many. Just under half (49 per cent) of working age people are aware of the cost of living in a residential home, and two-fifths are aware of the cost of home social care (39 per cent). This is despite just over half (55 per cent) claiming to be concerned about affording residential care when in retirement.

Older ages are better informed, with over half (55 per cent) of 65 to 74 year olds aware of residential care costs.

Concerns about affording care costs in retirement are common

<table>
<thead>
<tr>
<th>Percentage</th>
<th>Concern</th>
</tr>
</thead>
<tbody>
<tr>
<td>74%</td>
<td>Worry about the rising costs of healthcare</td>
</tr>
<tr>
<td>63%</td>
<td>Are concerned about running out of money while in retirement</td>
</tr>
<tr>
<td>55%</td>
<td>Worry about being able to afford residential home care</td>
</tr>
<tr>
<td>64%</td>
<td>Worry about having enough money to live comfortably</td>
</tr>
<tr>
<td>48%</td>
<td>Worry about being reliant on family or friends for financial support</td>
</tr>
</tbody>
</table>

Over half of working age people worry about covering care costs when in retirement.
Pet priorities
Few are actively preparing for potential care costs. Only 3 per cent of working age people are saving for future nursing or care home fees. In fact, people are just as likely to spend money on their pets (31 per cent) than on saving for future nursing or care home costs.

Spending priorities change with age however - three times as many over 65s are saving for future care costs than those younger than them (under 65s).

Saving priorities shift as people get older

Bank of son and daughter
Many across the USA anticipate help from their family network. Just under a third (29 per cent) of working age people expect their children will support them at some point in their retirement.

Evidence from current retirees suggests these expectations are not met in reality. While over two thirds (67 per cent) of those already in retirement receive regular income from government pensions or social security, only 3 per cent receive financial support from their children.

To help manage your income, it’s important to know what outgoings you may still have during retirement. A fifth of retirees are still paying the mortgage on their primary home (22 per cent) or paying rent (22 per cent).

Working age people may have unrealistic expectations of receiving financial support from their children

29% Of working age people expect financial support from their children in retirement

3% Of current retirees receive financial support from their children
Understanding retirement

Slowing down
Most people don’t realise their retirement will likely have two stages. Straight after finishing work people tend to be busy, independent, more agile and in better health. Around half (55 per cent) think this active stage will be the longest phase of their retirement.

Indeed, for many it may not be ‘retirement’ at all, with three fifths of working-age people (59 per cent) predicting they will continue working to some extent and just over a third (36 per cent) hoping to take advantage of the extra time to start a business or new venture.

Later comes a second stage where some people may start to need assistance with day-to-day tasks such as physical activities and going abroad. This is when they are likely to incur most cost. Two-fifths (43 per cent) believe it will be the costliest phase of retirement.

Who pays?
Most people expect to pay for the first active stage of retirement themselves. Forty-seven per cent anticipate funding retirement through a pension scheme, and 41 per cent through personal savings.

Most people expect to rely on a mix of pension schemes and savings

<table>
<thead>
<tr>
<th>Expected ways to fund retirement</th>
<th>Employer pension scheme - Defined Benefit</th>
<th>Government pension/social security</th>
<th>Cash savings/ deposit accounts</th>
<th>Employer pension scheme - Defined Contribution</th>
<th>Personal pension scheme</th>
</tr>
</thead>
<tbody>
<tr>
<td>In the active stage</td>
<td>47%</td>
<td>42%</td>
<td>41%</td>
<td>31%</td>
<td>31%</td>
</tr>
<tr>
<td>In the slowing-down stage</td>
<td>22%</td>
<td>43%</td>
<td>34%</td>
<td>27%</td>
<td>23%</td>
</tr>
</tbody>
</table>

Q. What are the main ways you would expect to fund each of the following stages of retirement. Base: All respondents

When asked how they would maintain their standard of living in later retirement (if required), 35 per cent would consider going back to work, 22 per cent would sell possessions and 21 per cent would dip into savings.

If needed, most people have a plan in mind for increasing their income while in retirement

70%
Would take some kind of action to recover their standard of living

35%
Go back to work

22%
Sell possessions

21%
Dip into savings

16%
Seek Government support

12%
Diversify my investments

12%
Sell/ release equity from my home

11%
Start a business

11%
Rent out a spare room

Q. Which, if any, of the following would you do to recover your standard of living in retirement? Base: All respondents
Anticipate the best
Getting older brings uncertainty for many. However, most working age people feel hopeful about their retirement. They look forward to having more freedom and opportunities (76 per cent), spending more time with friends and family (75 per cent), pursuing old and new hobbies and interests (74 per cent) and getting fit (53 per cent).

All in all, retirees describe retirement as a positive time. Two-thirds (68 per cent) associate it with relaxation, 54 per cent with satisfaction and 49 per cent with happiness. The proportion of those who think retirement is less idyllic is a little smaller – around one in seven think retirement is boring (15 per cent) or lonely (13 per cent).

Despite the lack of certainty and worries, and the avoidance of planning because of it, retirement is far from doom and gloom. People should ensure they have planned and prepared for it, but look forward to one of the most relaxed and happy periods in their lives.

Associations with retirement are positive

<table>
<thead>
<tr>
<th>Feeling</th>
<th>Working age</th>
<th>Retirees</th>
</tr>
</thead>
<tbody>
<tr>
<td>Relaxation</td>
<td>52%</td>
<td>68%</td>
</tr>
<tr>
<td>Satisfaction</td>
<td>36%</td>
<td>54%</td>
</tr>
<tr>
<td>Happiness</td>
<td>38%</td>
<td>49%</td>
</tr>
<tr>
<td>Tranquility</td>
<td>35%</td>
<td>41%</td>
</tr>
<tr>
<td>Boredom</td>
<td>20%</td>
<td>15%</td>
</tr>
<tr>
<td>Loneliness</td>
<td>15%</td>
<td>13%</td>
</tr>
</tbody>
</table>

Q. Below are some words people use to describe their feelings about retirement. To what extent do you think they will apply to you? Base: All respondents
Practical steps

Here are some practical steps drawn from the research findings, to consider when planning for the retirement you want:

1. **Reframe how you think about retirement**
   - It’s easy to put off planning your retirement so reframing how you view it is important. Think of it as a chance to pursue your passions and have new adventures. Make sure you make the most of it by planning ahead.

2. **Visualise the retirement you want**
   - Think about the kind of retirement you want. Do you want to go travelling, move home, take up a new hobby or even start a new business? Having a broad idea of how you’d like your life in retirement to look, will allow you to plan for it more effectively.

3. **Ask the experts**
   - Nobody expects you to be an expert in saving and investments so use free online advice or seek professional financial advice to help you plan and cost out your retirement plans. This will help you decide on the right approach. Don’t be afraid to ask questions – get clarity before making decisions.

4. **From managing to planning**
   - Managing your finances is not enough – you need to plan where you can save money and how much. Use the online tool such as savings calculators and budgeting apps to help to identify the changes you can make today that will cut costs and then direct the savings to your future.

5. **Start an honest conversation**
   - If you are anticipating support from your family or children during your retirement, start a conversation with them ahead of time. An upfront discussion on what kind of assistance might be needed and when, can help to manage expectations and ensure your retirement goes smoothly.

---

### The research

The Future of Retirement is a world-leading independent research study into global retirement trends, commissioned by HSBC. It provides authoritative insights into the key issues associated with ageing populations and increasing life expectancy around the world.

This is the fifteenth in the Future of Retirement series and represents the views of 17,405 people in 16 countries and territories. Since The Future of Retirement programme began in 2005, more than 194,000 people have been surveyed worldwide.

### The survey

The findings are based on a representative sample of people of working age (21+) or in retirement, in each country or territory. The research was conducted online by Ipsos MORI in November and December 2017, with additional face-to-face interviews in the UAE.

The 16 countries and territories are Argentina, Australia, Canada, China, France, Hong Kong, India, Indonesia, Malaysia, Mexico, Singapore, Taiwan, Turkey, United Arab Emirates, United Kingdom and United States.

Retirees are people who are semi or fully retired. Working age people are those who have yet to fully or semi-retire. Figures have been rounded to the nearest whole number.